**The Zion Woodshop LLC**

**How to take care of your wood cutting board**

**\*Never put your cutting board into the dish washer or submerge it in water, this can damage the wood and compromise the board. \* Instead, clean board by hand.**

There are 3 key parts to maintaining a wood cutting board:

1. **Cleaning**

Note: make sure to clean your cutting board after every time you use it.

You can do this by taking a clean cloth dipped in a bit of soapy water and wipe the board in the direction of the grain.

Then quickly renice the board with hot water and pat dry with a dry cloth.

Finally leave it to dry in an upright position for one to two hours.

1. **Disinfecting**

Note: disinfect your board once each or every other week

Sprinkle a tablespoon if coarse salt over the cutting board,

then use a half of a lemon to scrub the board for a few minutes,

Note: remember to squeeze the lemon as you scrub

Let the board sit for 5 minutes,

then renice off the board with warm water,

dry off board with paper towel or other non-course rage,

and store it in the upright position to air dry for 2+ hours (normally it’s best to let the board dry overnight.)

1. **Seasoning**

This is to condition and moisturize the wood, to prevent moisture loss, drying out, cracking, and splitting of the wood.

I suggest mineral oil or cutting board butter, (I sell both, or ask and I can refer you to recommended locations for either item or both)

**\*Don’t buy mineral oil from hardware stores, it can have harmful chemicals in it that if consumed can lead to complications and making the wood cutting board not food safe\***

**To apply**: use a cloth/rage and dip it in the mineral oil/cutting board butter. Then rube it onto your board and follow the wood grain when doing this. Apply evenly until the board stops absorbing it/is covered, finally let the board sit overnight, wipe off excess/buff out and you can use it again the next day.

This should be done about **once every 4-6 weeks** or as needed.

\*If you ever have any issues with your product, please let me know and I would be happy to help or assist in resolving the issue. \*

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